

## HYGIENE KITS

### The Impact - #UNIGNORABLE issue: homelessness

The combination of high housing prices, surging rental rates and record low vacancies has created a crisis for those looking for shelter. United Way Thunder Bay's funding provides a range of supports to people who are homeless or at risk of homelessness as well as to help people transition to or maintain housing.

### Activity description

Hygiene Kits are always in high-demand and is one of the biggest needs of our agency partners, especially in this time of crisis. Create kits that have supplies that can last for at least a month so people in need have what they need to maintain good hygiene.

### Supplies

- Toothbrush
- Toothpaste
- Deodorant
- Shampoo & Conditioner or Shampoo 2-in-1
- Body wash
- Hand wipes or sanitizer
- Band-aids
- Comb or brush
- Soap
- Socks

### Directions

- Collect items in plastic Ziploc bags
- Get creative and write an encouraging note with your own personal greeting. Example 'Thinking of you' or 'Share some of your kindness today too'
- Take a picture of completed and SHARE it on our United Way social media pages with the hashtag #myCommunity

### Donate

Kits can be dropped off at our local United Way office. We will ensure they get to local food banks and service providers where they will be disbursed to community members in need.